

Boundary Women's Project, Women's Environmental Network (WEN) & University of East London present:



A FREE DAY OF
INSPIRATION
AND LEARNING

Tuesday 4th March 2014
11AM – 2PM

St Hilda's East Community Centre
18 Club Row, London, E2 7EY

INSPIRE CULTURE KITCHEN

FEATURING:

Cooking demonstrations | The art of preserving: pickling, ferments and dips
Fruity Beauty: Natural skincare workshop | Ayurvedic: how old is your skin? Free test
Education and training advice: University of East London | Seed sowing and seed exchange | Raffle prizes | Free lunch ... and much more...

FOR FURTHER INFORMATION CONTACT:

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